

Return to Water procedures in Shannon Leisure Centre

The aims of our Covid-19 Operational Procedures are:

- to reduce the risk of transmission of Covid-19
- to protect the health and well-being of all Swimmers and coaches of Ennis Swimming Club and staff and customers of Shannon Leisure Centre.

The following actions must be completed by coaches and chaperones prior to the session;

Coaches and Chaperones

Coaches and chaperones are required to complete a Self-Declaration form in advance of returning to training. This form must be completed before every session. Please click on the Link below

https://www.google.com/url?q=https://forms.gle/SB6q8pKV5fiuraE28&sa=D&source=calendar&usd=2&usq=AOvVaw31fEY1Hc7Yxvn4IFwBNt_h

On arrival at Shannon Leisure Centre coaches and chaperones **must also** sign-in at the main reception desk.

Coaches and chaperones are required to change their footwear before entering the pool deck. Only flip flops will be permitted on deck.

Coaches and Chaperones must exit the pool area through the dressing room and follow designated route to exit the facility.

In the case where a Swimmer presents with symptoms of Covid-19 while in training;

- The swimmer **must** go to the cubicle they have been assigned and will dry off & change, they will not have a shower first
- The chaperone on deck must inform the lifeguard on duty of the situation and give them the cubicle number
- The chaperone will contact the child's parent/guardian who on arrival (wearing a face mask) will accompany the child to the isolation zone & contact their GP for further instructions.
- The lifeguard will provide the chaperone with two plastic bags for the individual's parent to place gear back and equipment into these bags and double knot the top.
- They will leave the building by the rear exit.

The following actions must be completed by swimmers prior to the session;

Swimmers

Swimmers must submit Covid Self Declaration Health Questionnaire via the Ennis Swimming Club Covid App.

On arrival at Shannon Leisure Centre all swimmers must queue at designated area outside main door of centre until they are permitted entry to the facility. Entry will only be permitted at 17.30hrs.

The Chaperone will then take attendance and confirm Covid declarations have been provided by each swimmer. Swimmers will not be permitted entry if they have not completed a Covid declaration.

All changing cubicles have been numbered. Swimmers will be assigned an individual changing cubicle by the chaperone. They must change promptly and leave all their belongings in the cubicle. Swimmers will keep the same cubicle assigned to them for the 2020/2021 season.

Siblings are requested to use the same cubicle either at the same time or in rotation. Families of 3 children or more will have a larger cubicle assigned to them where possible.

Swimmers **must** take a quick shower before entry into the pool.

On arrival on deck coaches will assign positions to swimmers for training.

Swimmers will **not** be permitted to use showers following training session.

Swimmers are urged to dress quickly and exit the building to the rear of the facility. This route is clearly marked.

Parents & Guardians

Parents are not allowed to enter the building at any time unless requested to by the chaperone due to illness or emergency. Parents must wear a facemask at that time.

Parents are requested to remain within 5 mins drive of the Shannon Leisure Centre for the duration of the training session.

All swimmers must be collected promptly after their session. Swimmers will exit from the rear to the parking facility

