

Kingdom Invitation 19

Date: 16/11/19 to 17/11/19 Licence Number (Level 2 Applied for)

Venue: Tralee Regional Sports & Leisure Complex

Session 1 Warm up 1.00 pm Start 02.00 pm to 6.00 pm

Session 2 Warm up 8.30 am Start 9.30 am to 1.15pm

Session 3 Warm Up 1.15 pm Start 2.00 pm to 6.00 pm

Entry Fee: € 7 per event.

Payable to: Kingdom Swimming Club

Postal Address: Rosarie Horgan, 9 Quarryvale, Mounthawk, Tralee, Co Kerry

Closing Date: 01/11/19

Entries: On Hytec to kingdomswimmingclub30@gmail.com

Medals will be presented to boys & girls U11, U13, U15 & Open. The 400 Fc and 400im is an open event

Session 1

- 1 Girls 200 FC
- 2 Boys 200 FC
- 3 Girls 200 IM
- 4 Boys 200 IM
- 5 Girls 400 FC (3 heats)
- 6 Boys 400 FC (3 heats)
- 7 Girls 400 IM (2 heats)
- 8 Boys 400IM (2 heats)

Session 2

- 9 Girls 100 FC
- 10 Boys 100 FC
- 11 Girls 50 Fly
- 12 Boys 50 Fly
- 13 Girls 100 BC
- 14 Boys 100 BC
- 15 Girls 50 Brs
- 16 Boys 50 Brs
- 17 Girls 100 IM

Session 3

18	Boys 100 IM	23	Girls 50 BC
19	Girls 50 FC	24	Boys 50 BC
20	Boys 100 FC	25	Girls 100 Brs
21	Girls 100 Fly	26	Boys 100 Brs
22	Boys 100 Fly		

Kingdom Invitation 2019

It is my great pleasure to invite you to join us in Tralee for the Kingdom Open Gala. We are looking forward to your support and promise you good competition.

In order to maintain a high standard of gala Swimmers may only enter 4 swims on Sunday and 2 on Saturday. We have put Consideration Times on the. Girls 200fc 3.00 min 200Im 3.10

Boys 200 fc 2.50 min 200IM 3.00

The 400 Fc may be limited to 3 heats and the 400 Im to 2 heats they are open events.

Swimmers should be of Development 2 standard or above for these events.

If you do not intend to compete please inform us, as we will offer your place to another club.

Electronic timing will be used.

Medals will be presented to U11, U13, U15 and Open to Male and Female.

Some 200m events may be limited if entry is too big. You will be notified in advance if this occurs. The 400 Fc may be limited to 3 heats.

I look forward to meeting you at the Kingdom Open on Saturday 16th November and Sunday 17th November.

Yours in Sport

Tim O Connell. (0863650185)

POOL RULES

In order to comply with health and safety standards within swimming pool and at the request of the pool manager the following rules must be complied with

- 1. All swimmers must wear hats**
- 2. No outdoor shoes to be worn on the pool deck.**
- 3. Swimmers are not permitted on the balcony or stairs in wet gear.**
- 4. Adequate supervision of competitors must be in place at all times. Chaperones/Managers must be appointed for each club. Any damage caused to the complex will be charged to the club involved.**
- 5. Where lockers are provided these should be used. Staff may remove unattended belongings.**
- 6. Litter bins should be used.**
- 7. Parking should be in designated areas ONLY.**
- 8. The leisure center / pools should be treated with respect.**
- 9. No Photography is allowed in the Centre**